HOW TO USE - FOR YOU

SELF ADVOCACY IN HEALTHCARE

This card is for You, or your: Carer, Family Member, Advocate, Disability Support Professional

Who is with me today?

☐ Family Member	☐ Carer
☐ Advocate	☐ Disability Support Professional
☐	

You and a carer/supporter can fill out this card before attending appointments.

If you have an NDIS plan with core or capacity building funding, you can ask your NDIS support provider and support professionals to help you fill out this pack.

When you meet with doctors, dentists, other care workers, or healthcare administration staff, you can use the appropriate cards to share your support and healthcare needs. Not every card will be appropriate for every professional (e.g. physical procedures and pain may not be relevant to administration staff).

It is up to you what information you write on the cards, and which card/s you hand over to each professional.

See the book *Self Advocacy in Healthcare* to learn more about how to use these cards.

HOW TO USE - FOR HEALTHCARE WORKERS

SELF ADVOCACY IN HEALTHCARE

This card is for Doctors, Dentists, Allied Health Professionals, and Healthcare Administration Staff.

These cards have been created to help people communicate their support needs and experiences with health care professionals.

When you see this symbol it indicates a section that is for the doctor / healthcare professional / administrator / first responder.

These cards have been filled in by your client and their supporters to help you build a healthy working relationship with them.

Your client may show you all of their cards or some of their cards with information they want to share with you.

Please read the cards your client chooses to provide to you, and communicate any questions and concerns to your client and/or their supporters in their preferred communication method.

There is a space on the front packet of the kit for a professional to stamp, date, and sign this kit to help authenticate its use.

See the book *Self Advocacy in Healthcare* to learn more about how to use these cards. The book also contains information about for healthcare professionals