

home oral care plan

Name	<input type="text"/>
Name(s) of regular Support Professional(s)	<input type="text"/>
Name of Dentist	<input type="text"/>
Name of Medical Practitioner	<input type="text"/>

The **Home Oral Care Plan** describes the specific routine required for this individual. It includes information to support and maintain optimal daily oral care.

Daily Oral Care Routine

<input type="checkbox"/>	Brush teeth - Instructions:	<input type="text"/>
<input type="checkbox"/>	Toothpaste	<input type="text"/>
<input type="checkbox"/>	Interdental brush or Flossette - Type and size:	<input type="text"/>
<input type="checkbox"/>	Toothbrush - Type and size:	<input type="text"/>
<input type="checkbox"/>	Other	<input type="text"/>
<input type="checkbox"/>	Reminder to avoid:	<input type="text"/>

Assistance and support for daily oral care routine

Which part of the oral care plan can the person do themselves?

What do support professionals need to assist with?

List the skills required by support professionals to support the patient's daily oral care routine:

Assistance and support for daily oral care routine (continued)

Strategies for approaching specific issues, including behaviour, understanding, desensitisation and important preferences:

Which support professionals currently have the skills to provide daily oral care support? *(to be nominated by a senior support professional, house supervisor, carer or family member)*

For support professionals

Inform the dental practitioner if the following occur:

Category	Warning Signs	Tick
Daily oral care regime	Regularly refuses / not completed	<input type="checkbox"/>
Lips	Dry / Chapped	<input type="checkbox"/>
Gums	Red / Swollen / Bleeding	<input type="checkbox"/>
Saliva	Dry Mouth	<input type="checkbox"/>
Jaws	Clicking / Problems eating / Sore teeth	<input type="checkbox"/>
Dentures	Missing teeth / Broken / Loose	<input type="checkbox"/>
Oral appearance	Visible food particles / Tartar / Thick plaque / Yellowness	<input type="checkbox"/>

Where and how will information about the person's oral health be recorded?

Designate frequency and record keeping tool here:

Updating this Plan

This Home Oral Care Plan should be viewed on a daily basis to ensure the routine is followed.

The Plan should be taken to the Dentist and Medical Practitioner for review and update during assessment.

To download a copy of this form, visit inclusiondesignlab.org.au/dental