**A week in the life of Greg Artemiou DSP.

What is it really like to be a DSP at IM?**

I love working as a DSP for inclusion Melbourne. However when people ask me what I do I find it quite hard to answer because every day is so different.

I support individuals to access their local community but there is so much more to it than that.

**What do I do?**

I am a specialised disability support worker that focuses on improving people’s lives through one-to-one direct support out in the community.

My aim is to focus on people’s individual needs for the day, while also focusing on their overall NDIS goals.

I achieve this through facilitating the creation of relationships between the people I work with and people living in their local community. This allows these people to gain skills, friendships and have an overall greater quality of life.

I therefore encourage the constant improvement of skills, help people make friends and ensure everyone is having fun while doing it!

Every single person I work with has different life experiences and needs to be supported differently. As a DSP at Inclusion Melbourne I am constantly faced with new challenges, which is always changing based on a person’s goals and needs.

**What does a week look like for me?**

Every day I meet the people I work with at their home (or at the location of their activity for the day). I then drive to their activity, or in most cases I provide learning for transport options, so they are able to get to the activity by themselves in the future.

At the activity I use an “active support” based approach which sustains and encourages growth of a person’s unique skills.

The day isn’t just about the activity and social connections. Every day I look for ways to help people with their life skills, the little things that are often overlooked.

If the person doesn’t brush their teeth I encourage that. If they can cook but don’t clean up after themselves, I nudge them in the right direction. If every day they need help to do anything, I spent the extra time to help them do it themselves.

When people make social connections and can have confidence in themselves and their own skills, then they truly thrive and feel included in the community around them.

This is my true goal in working at Inclusion Melbourne. To make people feel included.